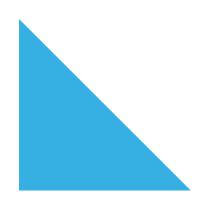
BEST PRACTICES FOR KEEPING YOUR CPAP FREE OF GERMS AND BACTERIA

JIM GILKISON VICE PRESIDENT OF SALES LIVILITI HEALTH PRODUCTS JIM@LIVILITI.COM



CAN A DIRTY CPAP MAKE YOU SICK?







CAN A DIRTY CPAP MAKE YOU SICK?



MICROBES TABLE RELATING TO NCBI ARTICLE:



IS ONCE A WEEK CLEANING GOOD ENOUGH?



CPAP MANUFACTURER'S GUIDELINES (RESMED)

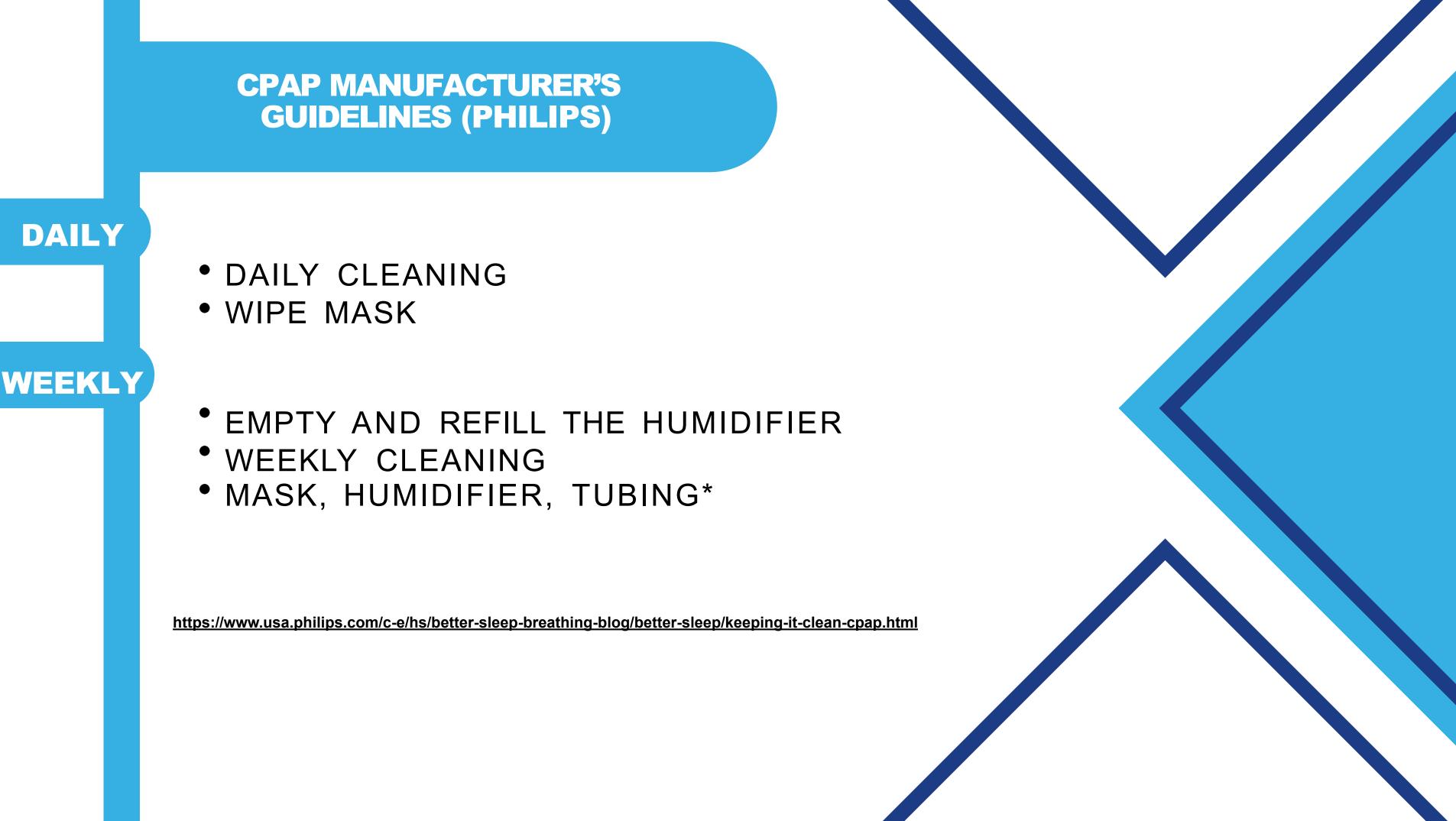
DAILY

WEEKLY

- MASK
- CUSHION
- MASK FRAME SYSTEM
- MASK HEADGEAR
- AIR TUBING

https://www.resmed.com/en-us/sleep-apnea/cpap-parts-support/cleaning-cpap-equipment/





WIPES, SPRAYS, AND TABLETS





resplabs

3 minute cpap cushion cleanser

cpaptabs" daily cpap cushion cleanser tablets

Use with nasal pillows nasal or full face cpap cushions.

WIPES, SPRAYS, AND TABLETS

. UNPROVEN CLAIMS • PRODUCT DEGRADATION PATIENT IRRITATION BIO-REDUCTION **ODORS FDA APPROVED METHODS**

TYPES OF CPAP "CLEANERS"







OZONE IN A BOX OZONE IN A BAG

QUARTZ BULB **UVC DEVICES**





LED UVC DEVICES

OZONE APPLICATIONS

- **.** EFFECTIVE IN KILLING GERMS **DEPENDING ON**
- CONCENTRATION OF OZONE CAUSES IRRITATION WITH
- PATIENTS

HOUSINGS

DISCOLORS MASKS



DEGRADATION OF FOAM IN MASKS AND CPAP MOTOR

VOIDS CPAP WARRANTIES

UVC APPLICATIONS (QUARTZ BULB)

- SPRAY AND PRAY **SHORTER CYCLE TIMES**
- CAN BURN FOAM
- **DISCOLORS MASK**
- **ODOR**
- PRODUCT DEGRADATION



UVC APPLICATIONS (LED)

- **.** SHORTER CYCLE TIMES
- **TARGETED BY DESIGN**
- NO ODOR
- **NO DEGRADATION**
- NO VOIDED WARRANTY
- LOW TEMPERATURE
- MULTI PURPOSE FOR PERSONAL
- ITEMS

SOME LED DEVICES HAVE

 DRYERS INCLUDED SO BACTERIA DOESN'T GROW



OPINION: BEST PRACTICES FOR KEEPING YOUR CPAP FREE OF GERMS AND BACTERIA

- FOLLOW MANUFACTURER'S GUIDELINES
- REMOVE SOIL FROM MASK DAILY
- AUGMENT DAILY CLEANING WITH DISINFECTIONUSING UVC LEDS

CLEAN = COMPLIANT

GUIDELINES DAILY WITH EDS



OPEN DISCUSSION

THANK YOU!

JIM GILKISON VICE PRESIDENT OF SALES LIVILITI HEALTH PRODUCTS JIM@LIVILITI.COM